

Zebedees

deliciously nutritious nursery meals

Zebedees are the UK's leading nursery meal provider



We prepare and deliver fresh, delicious meals that provide children with a varied and tasty diet to fuel a busy day of play, learning and development.



zebedees.co.uk
feeding our future every day

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Our Food

Our meals are freshly prepared and cooked each morning by our team of expert chefs. All our dishes are age appropriate and just the right texture for little mouths to chew. Our hot lunches consist of a hot first course, side dish and second course. We also offer afternoon teas and baby purees, designed for each stage of weaning. We work with our Nutrition Consultant Charlotte Stirling-Reed - The Baby & Child Nutritionist to provide us with support and the latest nutrition advice.



Our Menus

Our menus are checked by our nutritionist to ensure that they contain minimal levels of salt and sugar and are balanced, as well as offering a variety of foods groups and nutrients that your children need each day. We cater for many allergies, intolerances and cultural diets, with alternative dishes designed to be visually similar, ensuring all children can feel included and enjoy lunch with their friends.



Why Choose Zebedees?

Zebedees take the stress out of lunch box planning, doing all of the shopping, prep and cooking, saving you those precious minutes in the morning. Our meals incorporate a wide range of ingredients, introducing your child to a variety of new textures and flavours to reduce fussy eating and promote healthy choices.



“A big thank you for providing my son's nursery with the most delicious food. He just left after 4 years there and lunch was such a highlight every day. He eats everything and loves such a wide range of fruit and veg and that is down to you.”



Visit [ZEBEDEES.CO.UK](https://zebedees.co.uk) to view our current menus or sign up to our newsletter.

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