



Health and Safety Policy

Puddle Ducks Nursery is committed to keeping the staff and children in our care safe at our nursery.

The health and safety of people who work for us is of extreme importance and we aim to provide a secure, pleasant and secure working environment for everyone.

Eating at Nursery

We provide healthy snacks which provide children with a balanced diet. All children are supervised during meal times. Please see our [Healthy eating policy](#), [Safeguarding policy](#) and [Allergen Policy](#) for more information on children eating at our setting. We promote healthy eating at our setting. We have information for parents and carers to access ideas on food to put into their child's lunch box which are healthy and offer a balanced diet. Please see our [Healthy Eating Policy](#).

Dress Code

We ask that parents and carers provide their child with appropriate clothing and footwear. We expect children to have warm clothing in the winter, rain coats always provided and sun hats in the summer months. Please see our [Sun Protection Policy](#). Children may wear earrings but they must be studs.

Child Protection

We have a named person responsible for child protection in the nursery. Please see our [Safeguarding policy](#) for more information on keeping children safe. All adults employed at our nursery are checked to make sure they are suitable to work with children, please see our [Staff Recruitment policy](#).



Nursery Security

We have a secure fence around the nursery to keep children secure while at the nursery. The gate to the fence is locked at all times and can only be opened by our staff. Please see our [Visitors Policy](#) for information on how we keep the children safe while having visitors at our setting.

We have procedures in place in the event of a fire or another emergency and have regular evacuation practices. These take place alongside discussions about fire safety and children will be taught what to do if we need to evacuate the setting.

Medicines

Please see our [medication policy](#) on how we store and administer Medication.

Health and Welfare of Staff

We take the health and welfare of our staff seriously. We comply with the health and safety law.

If any member of staff is experiencing stress at work they should inform the nursery manager where he/she will be supported.

The nursery will not tolerate any type of abuse or threatening behaviour towards any of our staff. Action will be taken if our staff are abused or threatened in any way. This action may involve banning the particular parent/carer from our premises.

Risk Assessments, Policies, and Procedures

All staff are required to read, understand and keep up to date with all our nursery policies, procedures and risk assessments.

All risk assessments, policies and procedures are reviewed annually.



Toys and Equipment

The following safety measures are in place and we have completed a risk assessment which is reviewed regularly;

- All toys and equipment is checked and cleaned regularly to ensure safety. Any hazardous items will be removed immediately.
- Children are only be offered toys and resources that are suitable for their age/stage of development.
- All children are supervised carefully when using large play equipment. Children are allowed to take calculated risks (such as climbing on suitable equipment) and any potential dangers are identified and discussed in a way that is suitable for their stage of development and understanding.
- Children are encouraged to take turns with others and any dangerous behaviour is stopped immediately.
- We conduct daily visual risk assessments of our setting before the children arrive and throughout the day to ensure that it is a safe environment for all.
- Should an accident occur, our setting has a comprehensive first-aid kit, as well as a portable kit which is taken on any off-site visits.
- Practitioners are fully trained in paediatric first aid and these qualifications will be renewed every three years, as is legally required.
- Socket covers are not used in the setting, as they pose a higher risk of electrocution. Electrical sockets will be blocked using furniture where possible and children will always be supervised.
- All equipment is fitted following the correct safety procedures. Highchairs, low chairs and pushchairs will be age- appropriate and harnesses for safety will be used wherever available.
- We use appropriate safety equipment, such as stair gates, cupboard locks.

Health and Hygiene Measures

Children are taught how to wash their hands effectively with soap and water, which they will do on entering the setting, after playing outdoors and before eating.



We comply with food safety and hygiene regulations following Safer Food, Better Business' published by the Food Standards Agency.

We also have robust policies in place for managing allergies and intolerances.

- We will work with you to teach the children about physical exercise, making healthy food choices and understanding oral hygiene.
- We ensure that children do not come into the setting when they are at risk of spreading illnesses. Parents/carers are required to let us know in advance of arrival at the setting if their child is not well or has been unwell in the 48 hours prior to needing childcare. Please see our Illness and infection control policy.
- Nappy changing will be done on a changing mat
- Staff and babies will wash their hands thoroughly after a nappy change and surfaces will be cleaned and disinfected regularly. Nappies will be disposed of immediately in a bin that children will not have access to.
- Details of all accidents, injuries, pre-existing injuries and incidents will be recorded, including statutory information relating to these. Record forms will be shared with parents/carers, who will be asked to sign to acknowledge they have read them.
- Policies and procedures are in place for online safety and the use of electronic devices in the setting.

Cleaning Substances

All cleaning substances are kept out of reach of children at all times.

All staff are trained in how to use cleaning substances safely in order to keep themselves, other staff members and children safe from them.