



# Allergen Policy

**All childcare settings have a legal responsibility to provide allergen information about the ingredients in foods given to children in their care.**

**This information must be shared with parents/carers on request.**

Parents/carers should discuss any food allergies and intolerances before signing a contract with our setting to ensure that suitable provisions are possible.

Every effort will be made to accommodate dietary requirements, however as the children will all be bringing their own food into the nursery there is a risk of children being close to a food they may be allergic to.

These aspects will need to be discussed in detail to assess whether the setting will be able to meet the child's needs safely.

If a child's needs cannot be safely accommodated, it will be necessary for parents/carers to look for childcare at another setting.

## Our Procedure

- If children have identified allergies or food intolerances, all foods and ingredients will be checked to ensure no identified allergens are present before giving to the child. All staff are aware of whose responsibility it is to ensure food meets each child's requirements.
- If a child has a severe allergy, foods where an allergen has been identified will not be given to the other children present on that day, to avoid cross contamination or exposure to the allergen.
- Staff at Puddle Ducks hold a full paediatric first-aid qualification, which includes training related to allergic reactions.
- If a child is known to be susceptible to severe allergic reactions, they should be prescribed with an auto injector (containing injectable epinephrine) by their GP and parents/carers must ensure this is brought to the setting every day or keep one at the setting.



Puddle Ducks Nursery  
Salehurst

- Emergency medication is stored out of reach of children, but accessible to adults in an emergency.
- Allergen information for foods provided to children and ingredients used in making food with children.
- We ask that parents and carers keep us updated with any dietary requirement changes. If any new intolerances or allergies develop we must be informed.
- Parents/carers must seek medical advice from their GP if they suspect their child has an allergy or intolerance.