



# Sun Protection Policy

Throughout the summer and on sunnier days we will check the UV index before children go outside to decide if sun protection is needed.

We at Puddle Ducks will provide the children with a factor 50 suncream when we feel sun cream is necessary.

We will apply sun cream to all exposed parts of the body at least 20 minutes before sun exposure to allow it to reach its full effectiveness.

If you would like to provide your own sun cream for your child please let us know and make sure your child's sun cream has their name on it.

## **Clothing**

Parents/carers are asked to provide sun hats for their child, preferably with additional neck protection. The children will be encouraged to wear them at all times whilst exposed to the sun.

Staff are also encouraged to wear sun hats to act as good role models for the children.

## **Shade**

We will increase the provision of shaded areas during the summer.

Children are encouraged to play in shaded areas of the outdoor space.

We will take necessary steps to keep children out of the sun during the hottest part of the day (11 am - 3 pm). This may mean changing the routine so children are not outside during this time frame if the temperatures are extremely high.

On warmer and sunnier days children will also be encouraged to increase their water intake to stay hydrated. This includes discussing with children in an age-appropriate manner why we need to drink more water.